



Tonmawr

Cwm Pelenna

Duffryn

Dechrau
Start
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A4107

Afan Argoed
Afan Forest Park Centre

Genesis

The Final Cut

Heart of Darkness

Squeak

Bubble

Deep Sheep Gully

Argoed

Sidewinder

Hidden Valley

A Ridge Too Far

Frog Corner

The Green Run

Desolation

Brashy Track

To the Top part 1

Climbing Blind

To the Top part 2

To the Top part 3

Rhyslyn

Pontrhydyfen

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